

Syllabus: Home Health Aide I – Caregiving Fundamentals
Fall 2021: Aug. 09 – Dec. 17, 2022

- **Course Title**
 - **Home Health Aide I** – Direct Care Worker (DCW) caregiving fundamentals
- **Location/Time**
 - NATIVE Central Campus
 - Lecture/Broadcast via ZOOM during the designated class times for the member school/satellite sites.
 - iCEV, Socrative, and other online resources when deemed appropriate and beneficial to the students.
 - Google classroom: the main form of communication and majority of assignments will be posted.
 - MVHS Home Health Aide Classroom/Lab*
- **Faculty**
 - Markita White
 - Email: mwhite@kUSD.net
 - Office: (928) 466-8697
- **Textbooks and Resources**
 - Principles of Caregiving
 - Level 1 – Caregiving Fundamentals
 - Principles of Caregiving
 - Skills Workbook
- **Course Description**
 - **Home health aide/Direct Care Worker (DCW)** program is a training program for caregivers, personal attendants, and direct support professionals.
- **Course Goals**
 - Students will be prepared to assume the role and responsibilities of a home health aide/direct care worker within community health settings with a focus on long-term care.
- **Course Purpose**
 - To provide an environment of knowledge and lab practice enabling students to achieve competency in the skills and attitudes required by a Home Health Aide/Direct Care Worker in health care situations.
- **Course Objectives**
 - **Upon successful completion of the course, the student will be able to:**
 - Identify and assume the role and responsibilities of a Home Health Aide/ Direct Care Worker.
 - Identify basic human needs in patient/resident care, i.e., human needs, developmental tasks, grief and loss, death and dying, and postmortem care.
 - Identify right of the resident.
 - Recognize mental health and social needs of patients/residents. Develop sensitivity to the mentally impaired patient/resident. Manage behavioral issues with behavior modification when interacting with the mentally ill patient/resident.

- Identify and demonstrate effective written, verbal and nonverbal communication.
- Identify and practice effective methods of infection control.
- Identify and demonstrate measures to meet patient/resident comfort, safety and emergency care needs.
- Identify and demonstrate body alignment procedures, transfers and activities of daily living.
- Identify and demonstrate patient/resident personal care and grooming procedures.
- Identify and demonstrate nutrition and fluid procedures.
- Identify and demonstrate procedures for patient/resident elimination needs.
- Identify and demonstrate CPR and Basic First Aid skills.
- **Home Health Aide 51.2602.00 Technical Standards**
 - Standard 1.0 – Examine roles and responsibilities of the home health care agency
 - Standard 2.0 – Demonstrate ethical and legal conduct in all activities
 - Standard 3.0 – Utilize observation, reporting, and documentation skills
 - Standard 4.0 – Demonstrate communication and cultural competency
 - Standard 5.0 – Demonstrate job management and self-care skills
 - Standard 6.0 – Apply standard precautions and infection control measures
 - Standard 7.0 – Analyze safety and emergency procedures
 - Standard 8.0 – Examine nutritional needs and food preparation techniques
 - Standard 9.0 – Facilitate home environment maintenance
- **Teaching Method**
 - The course will be conducted in lecture, discussion, and lab format with the inclusion of case reports, group exercise/activities and guest speakers as deemed appropriate by the instructor. Students are expected to complete reading and writing assignments in a timely manner and participate in testing and evaluation as scheduled. Supplemental assignments not included in this syllabus may be added at the discretion of the instructor if deemed beneficial and relative to course content.
 - OSHA 10 Health is completed online through the CareerSafe website.
 - Evaluation Method: This is a tentative chart. Values may change throughout the course.
 - **A:** 90%-100% of all possible points
 - **B:** 80%-89% of all possible points
 - **C:** 70-79% of all possible points
 - **D:** 60-69% of all possible points
 - **F:** anything less than 60% of all possible points
- **Lab:** A majority of lab time will be scheduled and done each week, 51%.
- **Exam Information:** The exams may cover any and all material covered within the chapters.
- **Attendance**
 - Attendance at all class meetings is expected and required. In the event of an emergency, notify the instructor of an absence as soon as possible. It is the student's responsibility to obtain notes and assignments in the event of an absence.

Student signature: _____

Date: _____

Parent signature: _____

Date: _____